

Watch Your Temper!!

James 1:19-21

I. The Principles For Guarding Our Anger

¹⁹ Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger;

Quick or Slow?

James 1:19

A. Be An _____ Listener

B. Be A _____ Speaker (Mt 12:34-37; 15:11; Ps 10:7; Prov 12:18; 10:11, 19, 21, 31; 13:3; 17:28; 29:20)



C. Have A Slow And _____ Anger (Prov 19:11)

II. The Purpose For Guarding Our Anger

²⁰ for the anger of man does not produce the righteousness of God.

A. Man-Centered Anger Achieves Self-Centered Goals (Mt 5:21-26, 32-38)

B. God-Driven Anger Or Reasonably Rescinded Anger Produces God's Righteousness

III. The Program For Guarding Our Anger

²¹ Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls.

A. Remove Selfish Motives

B. Receive The Instruction Of God's Powerful Word

Conclusion:

- Assess
- Address
- Advance or Recess

Discussion:

1. Do you agree or disagree that anger is a choice? Why? Does someone else really make us angry or do we allow ourselves to become angry?
2. What makes us angry most frequently? Why?
3. What practical steps will slow our anger (James 1:19-20; Prov 19:11)? What are the benefits of slowing down anger?
4. What makes us angry in a righteous way? What action does that motivate us towards?