

Praying In Agony

Luke 22:39-46

1. Pray To Resist Temptation (39-40)

³⁹ And he came out and went, as was his custom, to the Mount of Olives, and the disciples followed him. ⁴⁰ And when he came to the place, he said to them, "Pray that you may not enter into temptation."

2. Pray To Remove Your Burden (41-42a)

⁴¹ And he withdrew from them about a stone's throw, and knelt down and **prayed**, ^{42a} saying, "Father, if you are willing, remove this cup from me."

- Bearing Man's Sin (1 Pet 3:18; Gal 3:13; Isa 53:6,12; 2 Cor 5:21)
- Suffering God's Wrath (Isa 53:10)
- Separating From God (Mt 27:46)

3. Pray To Accept God's Will Even If It's Not Yours (42b)

^{42b} Nevertheless, not my will, but yours, be done."

4. Pray For Supernatural Strength (43)

⁴³ And there appeared to him an angel from heaven, strengthening him.

5. Pray More Through Your Agony (44)

⁴⁴ And being in agony he **prayed** more earnestly; and his sweat became like great drops of blood falling down to the ground.

6. Pray More To Resist Temptation (45-46)

⁴⁵ And when he rose from prayer, he came to the disciples and found them sleeping for sorrow, ⁴⁶ and he said to them, "Why are you sleeping? Rise and pray that you may not enter into temptation."

Conclusion:

- **Pray When Tempted, Then Pray Some More**
- **Pray To Accept God's Will When It's Not Your Own**
- **Pray For Strength In Your Greatest Pain**
 - Reach out to others for help (Mt 26:37)
 - Identify your emotion(s) and the severity/intensity of it. (Mt 26:38)
 - Tell God of your pain (Mt 26:39a)
 - Pinpoint the source of your agony (Mt 26:39b)
 - Do God's will even when it's hard. (Mt 25:39c)